

Pediatric Therapy

How do I know if I should seek pediatric therapy for my child?

- Can your child hop forward 6 inches on 1 foot?
- Can your child cut out a circle with scissors?
- Does your child use 4-5 word sentences?
- Is your child 100% understandable to all listeners?

The answers to these and other questions can help you to determine if you should seek pediatric therapy for your child.

Call for a FREE screening.

**We Care About you
and your child!**

Milestones

3300 North McColl Blvd, Suite A
McAllen, TX 78501
tel: (956) 661-0475 • fax: (956) 661-0482
www.milestonestx.com



PEDIATRIC THERAPY

an overview



**HEALTH CARE
AND SKILLS
OF LIVING
FOR CHILDREN**

UNDERSTANDING WHAT PEDIATRIC THERAPY CAN DO FOR YOUR CHILD

When a Pediatric Therapist treats a child, they create a change that benefits not only the child, but also the family. Pediatric Therapy is therapy specifically directed towards the needs of children.



Physical, Occupational and Speech Therapists all work with children to help them reach or regain their maximum potential for independence. This is done through direct therapy, hands-on techniques and by working with parents, families, teachers and doctors to create a supportive environment for development in all areas.

Children gain strength at specific muscle groups to participate in play activities and to express themselves so that they are understood. With pediatric therapy, kids gain skills to organize and coordinate their movements and sensory input so that they are able to play and speak the way they want to.

...work with children to help them reach or regain their maximum potential for independence.



PARENTS BENEFIT TOO!

Parents gain a better understanding of their child's strengths and needs, and learn ways to help their child while using real life activities. Parents state that the ideas they learn and use every day at home allow them to feel that they have a positive impact on their child's growth. These ideas are customized for each family, allowing children with injuries or disabilities to be a part of the daily activities and routines followed by the entire family.

WHAT TO EXPECT FROM YOUR PEDIATRIC THERAPIST

The Pediatric Therapist will recommend special equipment including bracing, communication aids and toys to promote improved function and development.

Pediatric therapists can be found in many areas including clinics, hospitals and schools. They provide many specialized programs that include aquatics, camps, pediatric fitness and therapeutic horseback riding in addition to individual or group therapy sessions.

a pediatric therapist can assist a parent with preparing their child to meet future challenges and needs.

Pediatric therapists are familiar with the needs and developmental expectations of all ages, diagnoses and abilities. Pediatric therapists treat the whole child as a child within a family unit; not just as a smaller version of an adult. A Physical, Occupational or Speech Therapist can assist a parent with preparing their child to meet future challenges and needs. Let a Pediatric Therapist help you help your child today!

